

BALKAN RECORDS - WOMEN

Balkan Masters Athletics **Alltimes Indoor** Records

Updated at 05.04.2023

Updated by Ivan Puksar, Daniel Marinescu, Ventseslav Ivanov, Nikolaos Arvanitis

Event	Impl.	Categ	Result	Name / Surname	Country	Birth Date	Date	Location	Meeting Name	Observations
60m		F35	7.23	Maria TSONI	GRE	01.03.1963	01.02.1998	Athens, GRE	Greek seniors meeting	
60m		F40	7.17	Merlene OTTEY	SLO	10.05.1960	07.03.2003	Linz, AUT	International meeting	
60m		F45	7.30	Merlene OTTEY	SLO	10.05.1960	09.02.2007	Leipzig, GER	International meeting	
60m		F50	8.54	Maria MOURATIDOU	GRE	12.03.1967	07.03.2020	Beograd, SRB	BAMACI	
60m		F50	8.54	Renata NOVOSEL	CRO	28.11.1967	02.03.2019	Istanbul	BAMACI	
60m		F55	8.24	Renata NOVOSEL	CRO	28.11.1967	04.03.2023	Zagreb,CRO	Croatian masters championship	
60m		F60	9.2	Yukselen KABADAYI	TUR	12.03.1937	13.01.2000	Athens, GRE	Greek masters Championships	
60m		F65	9.8	Rozka STANCHEVA	BUL	02.05.1932	23.02.2002	Sofia, BUL	Bulgarian masters	
60m		F70	10.3	Rozka STANCHEVA	BUL	02.05.1932	21.02.2004	Sofia, BUL	Bulgarian masters	
60m		F75	11.17	Marjeta ČAD	SLO	06.04.1943	04.03.2023	Zagreb,CRO	Croatia & Slovenia champ.	
60m		F80	12.57	Maria ENE	ROU	24.11.1928	02.03.2019	Istanbul, TUR	BAMACI	
60 m		F85	20.16	Fota STAMATIA	GRE	06.12.1933	23.02.2020	Athens, GRE	Masters meeting	
60m		F90	16.81	Elena PAGU	ROU	25.07.1926	27.03.2019	Torun, POL	WMACI	
60 m		F95	18.30	Elena PAGU	ROU	25.07.1926	25.09.2021	Ancona,ITA	EMAF	
200m		F35	24.88	Monica GACHEVSKA	BUL	30.01.1974	27.02.2010	Sofia, BUL	International student cup	
200m		F40	23.93	Merlene OTTEY	SLO	10.05.1960	28.01.2003	Vienna, AUT	International meeting	
200m		F45	25.89	Adina GHEORGHIU	ROM	04.01.1975	31.03.2023	Torun,POL	WMACI	
200m		F50	28.17	Renata NOVOSEL	CRO	28.11.1967	28.02.2018	Zagreb, CRO	Croatian seniors meeting	
200m		F55	28.01	Renata NOVOSEL	CRO	28.11.1967	11.02.2023	Zagreb, CRO	Senior meeting	
200m		F60	33.97	Branka GRAIC	CRO	27.07.1956	11.03.2018	Belgrade, SRB	Balkan Masters championships	
200m		F65	37.19	Rositsa STAMENOVA	BUL	06.03.1955	08.03.2020	Beograd, SRB	BAMACI	
200m		F70	41.47	Jozica ROGELJ	SLO	16.02.1947	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
200m		F75	43.29	Olimpiada RADU	ROU	05.01.1937	09.03.2013	Bucharest, ROU	Romanian masters	
200m		F80	44.16	Maria ENE	ROU	24.11.1938	03.03.2019	Istanbul, TUR	BAMACI	
200m		F85	1:17.15	Veronica NEGREANU	ROU	06.11.1930	13.03.2016	Bucharest, ROU	BAMACI	
200m		F90	1:43.91	Veronica NEGREANU	ROU	06.11.1930	05.03.2023	Bucharest, ROU	Romanian masters ch.	
400m		F35	55.29	Andrianna FERRA	GRE	11.02.1988	02.03.2023	Istanbul, TUR	European championships	
400m		F40	59.23	Anastasia THOMAIDOU	GRE	30.01.1978	10.02.2018	Athens, GRE	Greek seniors championships	
400m		F45	59.36	Bianca Cristina PAUN	ROU	09.05.1976	28.03.2023	Torun, POL	WMACI	
400m		F50	1:07.95	Zvonka BLATNIK	SLO	19.03.1961	05.04.2012	Jyvaskyla, FIN	WMACI	
400m		F55	1:08.61	Zvonka BLATNIK	SLO	19.03.1961	03.04.2016	Ancona, ITA	EMACI	
400m		F60	1:18.31	Zvonka BLATNIK	SLO	19.03.1961	12.03.2022	Novo Mesto,SLO	BAMACI	
400m		F65	1:25.02	Coculeana OLTEAN	ROU	23.12.1956	05.03.2022	Bucharest, ROU	Romanian masters ch.	
400m		F70	1:35.82	Jozica ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR	BAMACI	
400m		F75	1:38.89	Maria ENE	ROU	24.11.1938	12.03.2016	Bucharest, ROU	BAMACI	
400m		F80	1:42.50	Maria ENE	ROU	24.11.1938	02.03.2019	Istanbul, TUR	BAMACI	
400m		F85	2:59.74	Veronica NEGREANU	ROU	06.11.1930	08.04.2017	Bucharest, ROU	Romanian masters	
400m		F90	4:19.38	Despina PETRE	ROU	01.09.1921	18.03.2012	Bucharest, ROU	Romanian masters	
800m		F35	2:00.81	Violeta SZEKELY	ROU	23.03.1965	06.02.2000	Bucharest, ROU	Romanian seniors	
800m		F40	2:17.25	Anastasia THOMAIDOU	GRE	30.01.1978	16.02.2020	Athens, GRE	Masters meeting	

800m	F45	2:24.05	Ileana BERES	ROU	30.11.1961	23.03.2007	Helsinki, FIN	European masters	
800m	F50	2:38.52	Ileana BERES	ROU	30.11.1961	18.03.2012	Bucharest, ROU	Romanian masters	
800m	F55	2:52.8	Gul AKBAS	TUR	01.01.1937	08.03.1992	Izmir, TUR	championships	
800m	F60	2:59.00	Ileana BERES	ROU	30.11.1961	05.03.2022	Bucharest, ROU	Turkish masters championships	
800m	F65	3:28.81	Marcela PACRITA	ROU	20.06.1954	08.03.2020	Beograd, SRB	Romanian masters ch.	
800m	F70	3:31.41	Maria ENE	ROU	24.11.1938	13.03.2011	Bucharest, ROU	BAMACI	
800m	F75	3:40.44	Jozica ROGELJ	SLO	16.02.1947	19.03.2022	Zagreb, CRO	Romanian masters	
800m	F80	5:32.43	Birsen INAN	TUR	29.10.1937	03.03.2019	Istanbul, TUR	championships	
								Croatian national ch.	
								BAMACI	
1500m	F35	4:03.61	Violeta SZEKELY	ROU	23.03.1965	15.02.2001	Stockholm, SWE		International meeting
1500m	F40	4:53.68	Tanya DIMITROVA	BUL	30.04.1981	18.03.2023	Istanbul, TUR		BAMACI
1500m	F45	5:00.36	Ileana BERES	ROU	30.11.1961	22.03.2007	Helsinki, FIN		EMACI
1500m	F50	5:40.30	Ileana BERES	ROU	30.11.1961	12.03.2016	Bucharest, ROU		Balkan masters championships
1500m	F55	5:41.75	Ileana BERES	ROU	30.11.1961	08.04.2017	Bucharest, ROU		Romanian masters
1500m	F60	5:51.16	Ioana NICA	ROU	07.08.1958	24.09.2021	Ancona, ITA		championships
1500m	F65	7:31.57	Semra Emine HERGULMAN	TUR	17.01.1950	11.03.2017	Istanbul, TUR		EMAF
1500m	F70	7:05.69	Jozica ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR		Turkish masters championships
1500m	F75	7:26.67	Jozica ROGELJ	SLO	16.02.1947	18.03.2023	Istanbul, TUR		BAMACI
1500m	F80	10:34.78	Mandyla SMARAGDA	GRE	18.01.1940	18.03.2023	Istanbul, TUR		BAMACI
3000m	F35	8:43.49	Maricica PUICA	ROU	29.07.1950	27.02.1987	New York, U.S.A		International meeting
3000m	F40	10:17.35	Spiridoula SOUMA	GRE	27.04.1965	17.03.2008	Clermont Ferrand, FRA		WMACI
3000m	F45	11:16.82	Nikoleta CIORTAN	ROU	17.11.1976	05.03.2023	Bucharest, ROU		Romania masters championship
3000m	F50	12:01.42	Petрана Petkova	BUL	20.09.1972	20.01.2023	Fort Wayne, USA		Seniors meeting
3000m	F55	12:43.27	Ioana NICA	ROU	07.08.1958	13.03.2016	Bucharest, ROU		BAMACI
3000m	F60	12:30.28	Ioana NICA	ROU	07.08.1958	25.09.2021	Ancona,ITA		EMAF
3000m	F65	15:29.42	Semra Emine HERGULMAN	TUR	17.01.1950	22.02.2015	Istanbul, TUR		BAMACI
3000m	F70	14:47.40	Kazimira LUZNIK	SLO	31.08.1934	17.03.2006	Linz, AUT		WMACI
3000m	F75	15:45.10	Jozica ROGELJ	SLO	16.02.1947	19.03.2023	Istanbul, TUR		BAMACI
3000m	F80	22:43.92	Mandyla SMARAGDA	GRE	18.01.1940	19.03.2023	Istanbul, TUR		BAMACI
3000mw	F35	12:18.26	Antigoni DRISBIOTI	GRE	21.03.1984	18.02.2023	Athens, GRE		Greek senior champs
3000mw	F40	14:08.15	Aggeliki MAKRI	GRE	25.09.1978	28.02.2020	Piraeus, GRE		WR
3000mw	F45	16:31.38	Kalliopi GAVALAKI	GRE	24.12.1966	22.02.2015	Istanbul, TUR		National senior champs
3000mw	F50	15:42.11	Kalliopi GAVALAKI	GRE	24.12.1966	26.03.2019	Torun, POL		BAMACI
3000mw	F55	16:44.91	Kalliopi GAVALAKI	GRE	24.12.1966	28.03.2023	Torun, POL		WMACI
3000mw	F60	19:47.7	Monica MOISSIDOU	GRE		18.01.1998	Athens, GRE		WMACI
3000mw	F65	21:55.62	Emilia GUSAT	ROU	21.02.1943	17.03.2008	Clermont Ferrand, FRA		Greek masters championships
3000mw	F70	23:11.47	Emilia GUSAT	ROU	21.02.1943	26.03.2014	Budapest, HUN		WMACI
3000mw	F75	24:55.39	Mira PUHAR	SLO	17.05.1938	22.02.2015	Istanbul, TUR		WMACI
3000mw	F80	25:34.76	Elena PAGU	ROU	25.07.1926	27.03.2009	Ancona, ITA		Balkan masters championships
3000mw	F85	25:57.05	Elena PAGU	ROU	25.07.1926	12.03.2016	Bucharest, ROU		EMACI
3000mw	F90	27:12.13	Elena PAGU	ROU	25.07.1926	07.03.2020	Beograd, SRB		BAMACI
									WR
60mH	F35	8.05	Liliana NASTASE	ROU	01.08.1962	28.02.1997	Bucharest, ROU		Romanian seniors
60mH	F40	8.95	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU		Romanian masters
60mH	F45	8.96	Magdalena HRISTOVA	BUL	25.02.1977	01.04.2023	Torun, POL		championships
60mH	F50	10.20	Maria MOURATIDU	GRE	12.03.1967	08.03.2020	Beograd, SRB		WMACI
60mH	F55	10.26	Maria MOURATIDU	GRE	12.03.1967	31.03.2023	Torun, POL		BAMACI
60mH	F60	12.54	Kamuran SONMEZ	TUR	15.02.1958	03.03.2019	Istanbul, TUR		WMACI
60mH	F65	12.59	Kamuran SONMEZ	TUR	20.06.1954	19.03.2023	Istanbul, TUR		BAMACI
60mH	F65	14.25	Eleni GOUZIA	GRE	07.01.1945	17.03.2011	Gent, BEL		EMACI

60mH		F70	14.40	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	EMACI	
LJ-i		F35	6.45	Mirela DULGHERU	ROU	05.10.1966	25.02.2001	Bucharest, ROU	Romanian seniors	
LJ-i		F40	5.72	Florina MARIN	ROU	05.10.1974	06.03.2016	Bucharest, ROU	Romanian municipal	
LJ-i		F45	5.73	Magdalena HRISTOVA	BUL	25.02.1977	27.03.2023	Torun, POL	championship	ER
LJ-i		F50	5.22	Renata NOVOSEL	CRO	28.11.1967	09.03.2019	Zagreb, CRO	WMACI	
LJ-i		F55	5.29	Renata NOVOSEL	CRO	28.11.1967	04.03.2023	Zagreb, CRO	Croatian masters championship	WR
LJ-i		F60	3.44	Branka GRAIC	CRO	27.07.1956	11.03.2018	Belgrade, SRB	Croatian masters championship	
LJ-i		F65	3.22	Eleni GOUZIA	GRE	07.01.1945	16.03.2011	Gent, BEL	Balkan masters championships	
LJ-i		F70	3.32	Rozka STANCHEVA	BUL	02.05.1932	22.02.2003	Sofia, BUL	EMACI	
LJ-i		F75	2.27	Ayse CICEK SOLON	TUR	06.04.1943	03.03.2019	Istanbul, TUR	Bulgarian masters	
LJ-i		F80	1.82	Mira PUHAR	SLO	17.05.1938	23.02.2019	Novo Mesto, SLO	championship	
									BAMACI	
TJ-i		F35	14.00	Olga BOLSHOVA	MDA	16.06.1968	02.02.2003	Espinho, POR	Slovenian masters	
TJ-i		F40	12.00	Biljana TOPIC	SRB	17.10.1977	10.03.2018	Belgrade, SRB	championship	
TJ-i		F45	10.78	Fani Lykou	GRE	13.02.1976	29.01.2022	Athens, GRE	BAMACI	
TJ-i		F50	10.19	Figen KARADAG	TUR	05.05.1968	27.02.2021	Istanbul, TUR	International meeting	
TJ-i		F55	8.58	Ayten BENLI	TUR	04.10.1962	25.02.2018	Istanbul, TUR	Turkish masters championships	
TJ-i		F60	8.02	Ayten BENLI	TUR	04.10.1962	18.03.2023	Istanbul, TUR	Turkish masters championships	
TJ-i		F65	6.57	Ayse BABUR	TUR	01.02.1956	18.03.2023	Istanbul, TUR	BAMACI	
TJ-i		F75	4.71	Mira PUHAR	SLO	17.05.1938	21.02.2015	Istanbul, TUR	BAMACI	
TJ-i		F80	4.21	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	BAMACI	
HJ-i		F35	1.97	Venelina VENEVA	BUL	13.06.1974	18.02.2011	Bucharest, ROU	International meeting	
HJ-i		F40	1.94	Venelina VENEVA	BUL	13.06.1974	15.02.2015	Dobrich, BUL	Bulgarian seniors championships	
HJ-i		F45	1.57	Desa GRAJZL CALASAN	SLO	07.06.1970	01.04.2016	Ancona, ITA	EMACI	
HJ-i		F45	1.57	Aycan KURTCAN	TUR	22.05.1968	21.03.2018	Madrid, ESP	EMACI	
HJ-i		F50	1.52	Aycan KURTCAN	TUR	22.05.1968	27.02.2022	Braga, POR	EMACI	
HJ-i		F55	1.37	Stanka PREZELJ	SLO	26.04.1952	08.04.2012	Jyvaskyla, FIN	World masters championships	
HJ-i		F60	1.30	Stanka PREZELJ	SLO	24.04.1952	27.02.2016	Celje, SLO	Slovenian masters	
HJ-i		F65	1.32	Stanka PREZELJ	SLO	24.04.1952	21.03.2018	Madrid, ESP	European masters	
HJ-i		F70	1.20	Stanka PREZELJ	SLO	24.04.1952	18.03.2023	Istanbul, TUR	championship	
HJ-i		F75	1.07	Marjeta ČAD	SLO	22.01.1948	26.03.2023	Torun, POL	BAMACI	
HJ-i		F80	0.86	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	WMACI	
									BAMACI	
PV-i		F35	4.40	Nikol KYRIAKOPOULOU	GRE	21.03.1986	19.02.2023	Athens, GRE	Greek senior championship	
PV-i		F40	3.45	Ivona JERKOVIC	CRO	20.09.1976	21.03.2018	Madrid, ESP	4532	
PV-i		F45	3.30	Ivona JERKOVIC	CRO	20.09.1976	19.03.2022	Zagreb, CRO	Croatian national championship	
PV-i		F50	2.50	Ana Peček	SLO	13.03.1968	23.02.2019	Novo Mesto, SLO	Slovenian masters ch.	
PV-i		F55	2.30	Daniela MILITARU	ROU	02.12.1962	15.12.2018	Bucharest, ROU	Romanian masters meeting	
SP-i		F35	20.78	Ivanka KHRISTOVA	BUL	19.11.1941	14.02.1976	Sofia, BUL	Bulgarian seniors championships	
SP-i		F40	13.90	Gorana TESANOVIC	BIH	09.05.1977	24.02.2018	Zagreb, CRO	Croatian seniors championships	
SP-i		F45	13.55	Alexandra MARGHIEVA	MDA	27.06.1959	28.03.2009	Ancona, ITA	European masters	
SP-i		F50	15.17	Alexandra MARGHIEVA	MDA	27.06.1959	19.03.2011	Gent, BEL	championship	
SP-i		F55	14.53	Mihaela LOGHIN	ROU	01.06.1952	18.03.2011	Gent, BEL	European masters	
SP-i		F60	13.70	Mihaela LOGHIN	ROU	01.06.1952	23.03.2015	Torun, POL	championship	
SP-i		F65	12.94	Mihaela LOGHIN	ROU	01.06.1952	11.03.2018	Belgrade, SRB	European masters	
SP-i		F70	10.49	Magdalini ROULIDU	GRE	22.11.1951	27.03.2023	Torun, POL	Balkan masters championships	
SP-i		F75	9.09	Katarina ŠPORDER	CRO	05.02.1944	19.03.2022	Zagreb, CRO	WMACI	
SP-i		F75	9.09	Marjeta ČAD	SLO	22.01.1948	27.03.2023	Torun, POL	Croatian masters championship	
SP-i		F80	6.69	Angela MINCULESCU	ROU	11.04.1935	13.03.2016	Bucharest, ROU	WMACI	
									Balkan masters championships	

SP-I		F85	4.67	Fota STAMATIA	GRE	06.12.1933	23.02.2020	Athens, GRE	Masters meeting	
WT-i		F35	10.56	Sabina KREBEL J	SLO	07.12.1976	22.03.2013	San Sebastian, ESP	EMACI	
WT-i		F40	10.82	Sabina KREBEL J	SLO	07.12.1976	24.03.2017	Daegu, KOR	WMACI	
WT-i		F50	11.65	Floarea PASCAL	ROU	06.05.1967	25.03.2019	Torun, POL	WMACI	
WT-i		F55	11.41	Floarea PASCAL	ROU	06.05.1967	28.03.2023	Torun, POL	WMACI	
WT-i		F60	13.57	Teodora ALBRECHT	ROU	08.03.1946	25.03.2009	Ancona, ITA	EMACI	
WT-i		W70	10.61	Magda ROILIDOU	GRE	22.11.1951	28.03.2023	Torun, POL	WMACI	
PEN-F-i		F35	4532	Liliana NASTASE	ROU	01.08.1962	25.02.2000	Gent, BEL	European seniors championships	60mH: 8.34 / LJ: 6.20 / SP: 13.07 / HJ: 1.68 / 800m: 2:22.13
PEN-F-i		F40	3969	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU	Komarnik masters championships	60mH: 8.95 / LJ: 5.51 / SP: 11.15 / HJ: 1.45 / 800m: 2:40.74
PEN-F-i		F45	3775	Desa GRAJZL CALASAN	SLO	07.06.1970	29.03.2016	Ancona, ITA	EMACI	60mH: 9.59 / LJ: 4.88 / SP: 9.80 / HJ: 1.54 / 800m: 3:00.96
PEN-F-i		F50	3575	Mojca BREGANSKI	SLO	23.09.1969	26.02.2022	Braga, POR	EMACI	60mH:11.06 / LJ: 4.61 / SP: 9.25 / HJ: 1.43 / 800m: 2:55.60
PEN-F-i		F55	2650	Aytan BENLI	TUR	04.10.1962	24.03.2018	Madrid, ESP	EMACI	60mH: 13.49 / LJ: 3.77 / SP: 7.10 / HJ: 1.27 / 800m: 3:21.88
PEN-F-i		F60	2890	Marcela PACRITA	ROU	20.06.1954	08.03.2015	Bucharest, ROU	Komarnik masters championships	60mH: 12.55 / LJ: 3.40 / SP: 7.16 / HJ: 1.18 / 800m: 3:25.14
PEN-F-i		F65	2454	Eleni GOUZIA	GRE	07.01.1945	19.03.2011	Gent, BEL	EMACI	60mH: 14.25 / LJ: 3.22 / SP: 7.23 / HJ: 1.09 / 800m: 4:21.88
PEN-F-i		F70	2700	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	EMACI	60mH: 14.40 / LJ: 3.20 / SP: 7.08 / HJ: 1.06 / 800m: 4:39.89
4x200m		F35	2:05.69	E.Tugba (20.3.86),Y.Zeynep (1.10.79),K.Meltem (7.4.84),Y. Madli Olem (24.6.85.)	TUR		18.03.2023.	Istanbul, TUR	BAMACI	
4x200m		F40	2:03.30	Ana Daftsou, Maria Mouratidu,Fani Lykou, Ana T. Vranes (9.1.73), V. Odri (24.12.72), S. Pilipovic (2.3.73), V. Gajic (21.4.67)	GRE		02.03.2019	Istanbul, TUR	BAMACI	
4x200m		F45	2:00.93	B. Kilic (30.11.65), F. Anter (30.4.65), S. Salginoglu (30.10.1964)	SRB		10.03.2018	Belgrade, SRB	BAMACI	
4x200m		F50	2:08.03	K. Semkova,R. Stamenova, T. Nikolova, T. Ivanova	BUL		07.03.2020	Belgrade, SRB	BAMACI	
4x200m		F60	2:49.24	N. Cakmak (1.1.56), A. Yildiz (29.8.51), Y. Sevil (6.2.57), K. Sonmez (15.2.58)	TUR		10.03.2018	Belgrade, SRB	BAMACI	